

Life Tracks

MINISTRY

Discover your
unique SHAPE!

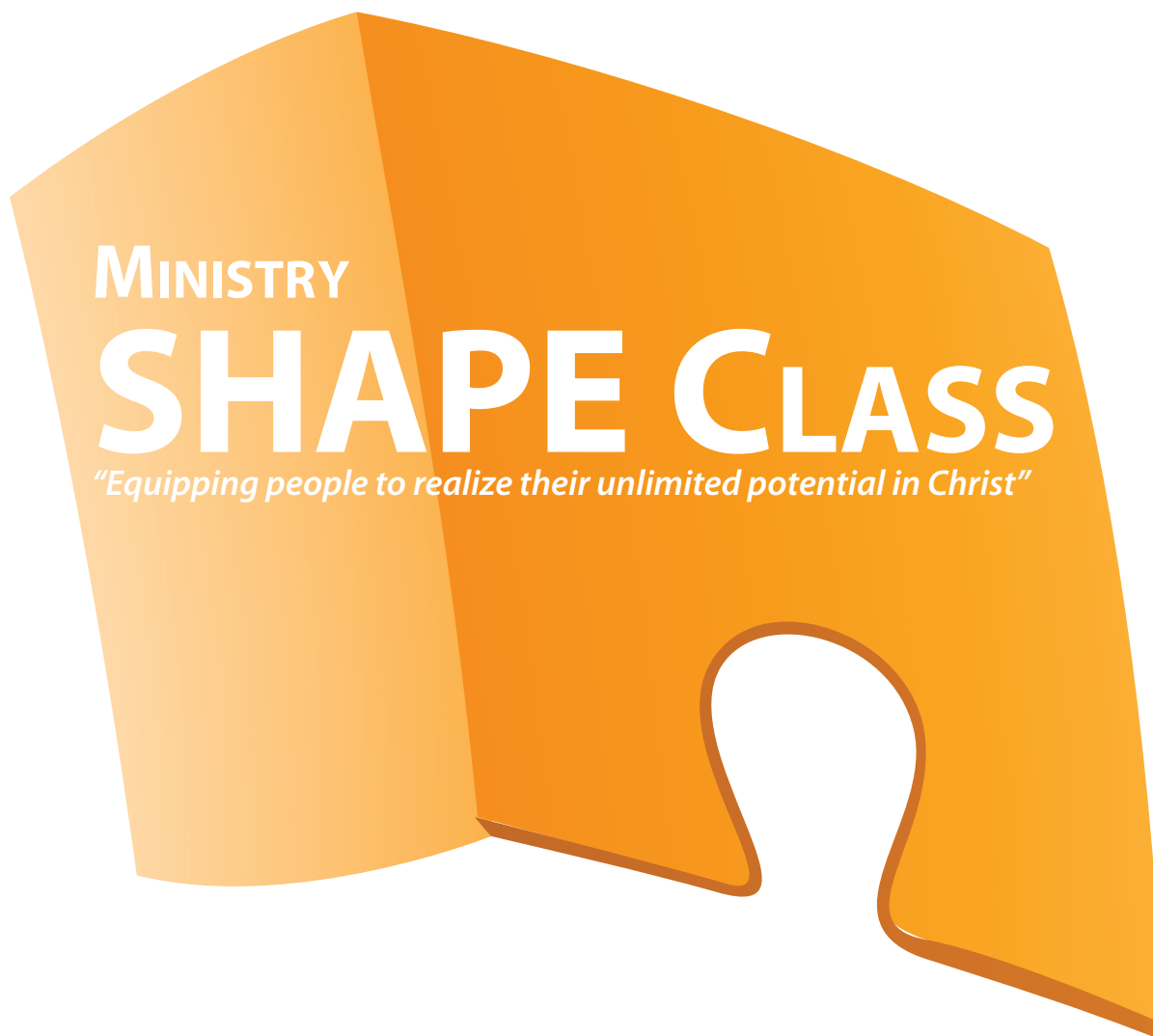
INSTRUCTOR'S COPY



ncctk) North County
Christ the King

one church. many locations.

www.ncctk.com



For we are God's masterpiece. He created us anew in Christ Jesus, so we can do the things He planned for us long ago. (Ephesians 2:10 NLT)

Our SHAPE Class is designed to help you discover and develop your Divine Design. Deep inside each one of us is a desire to live our lives with meaning and purpose. We know that we were created on purpose, for a special purpose, but often don't know how to discover it or how to use our Divine Design in our everyday lives.

Here at North County Christ the King, we believe God's plan is to equip us with everything we need to live the abundant life He created us to live. We also believe that God is passionate about helping us discover this life and that the Holy Spirit will guide us into all truth about who we are and how we can fulfill the exciting plans He has for us.

As we pursue our God given SHAPE we pray for revelation and insight into the heart of God, and that He would unveil the masterpiece that He created you to be. May this journey be one that changes your life forever.

RECONSTRUCTING YOUR SHAPE

Over the next three weeks we are going to take you through a process of discovery. A process of examining who God made you to be and who you are in Him. We will dig deep into areas of your gifts, your heart, your abilities, your passions and your experiences. It is only after we uncover the true you that we will be able to see the divine masterpiece that you really are. All of us have come from different places and are in different stages of our lives. I believe now is the time in your life that God is going to use this class to unveil the plan and purpose He has for you. It doesn't matter where you are or where you've been, God is in the business of making all things new. This class will reveal your SHAPE if you are willing to work with the Master Builder and allow Him to use all of you.

The interesting thing about construction is that the very first step is always site preparation. No matter if you are working on an engine, preparing a meal, or planting a garden. So tonight we are going to do some site prep. What kind of SHAPE are you in? Neil Anderson says it perfectly in his book *Victory Over the Darkness*, "Understanding your identity in Christ is absolutely essential to your success at living the Christian life. No person can consistently behave in a way that is inconsistent with the way he perceives himself. If you think you are a no good bum, you will probably live like a no good bum. But if you see yourself as a child of God who is spiritually alive in Christ, you will begin to live in victory and freedom as He lived. Next to knowledge of God, knowledge of who you are is by far the most important truth you can possess."

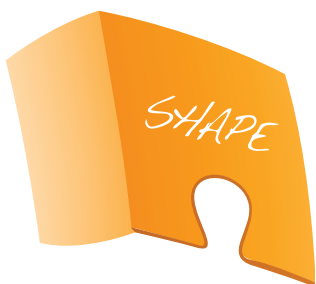
In Proverbs 27:19 it says, "As a face is reflected in water, so the heart reflects the real person." Self image is how we see ourselves if we could hold a mirror up to our own spirit. That image is the sum total of the internal conclusions we have reached about ourselves crystallized into a mental image of who we think we are. Those conclusions are drawn from numerous sources, including our parents, teachers, peers, significant people in our lives, our abilities, popularity, attractiveness, success or failure. We call them "self-image shapers." These self-image shapers are like the colors on an artist palette. We paint the picture based on the things that have shaped us. In order to get to the truth about who you really are, we are going to take a few minutes and paint a self-image portrait of "the you that **you** see." Go ahead and work through the exercise on the page entitled Self-Image Portrait - the **YOU** that you see.

Our goal in this whole process is to help you understand why you see yourself in the way that you do, and how that could be hindering you from living in your true SHAPE. By doing so, we'll start the process of uprooting whatever false conclusions you've come to about yourself and prepare the good soil of your heart so that God can use your divine SHAPE for His glory. Now that we have that out on the table, we can jump right in to our SHAPE, and the TRUTHS ABOUT OUR DIVINE DESIGN...



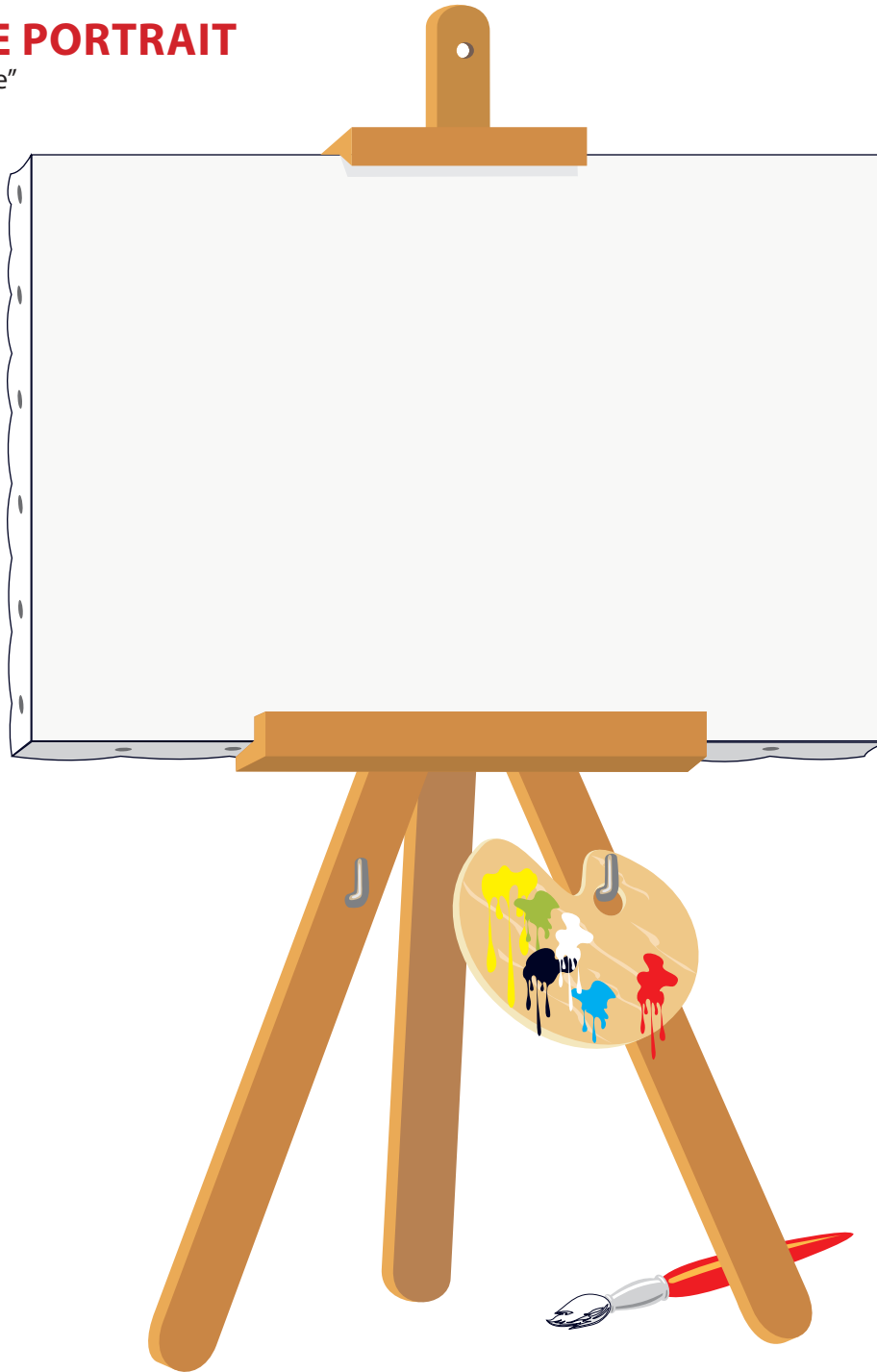


The self-image that gets painted is how I see and think about myself.



SELF-IMAGE PORTRAIT

"the YOU that you see"



Please circle the words that best describe how you honestly see yourself. There is no right or wrong answer. Write the words that you circled on the canvas to see the YOU that you see.

- | | | |
|--------------------|------------------|--------------|
| • Attractive | • Stubborn | • Thoughtful |
| • Gifted | • Fun-loving | • Wise |
| • Easy Going | • Easily Angered | • Cautious |
| • Likable | • Kind | • Fearful |
| • Deceitful | • Weak-willed | • Handsome |
| • Loving | • Foolish | • Honest |
| • Self-centered | • Risk-taker | • Bitter |
| • Unlovable | • Undisciplined | • Dumb |
| • A disappointment | • Ugly | • Trusting |
| • Faithful | • Friendly | • Smart |
| • Irresponsible | • Patient | |



TRUTHS ABOUT OUR DIVINE DESIGN

Every person is fearfully and wonderfully made by the Living God to reflect His likeness and glory.

So God created human beings in his own image. In the image of God he created them; male and female he created them.. (Genesis 1:27)

*You made all the delicate, inner parts of my body
and knit me together in my mother's womb.
Thank you for making me so wonderfully complex!
Your workmanship is marvelous - how well I know it.
You watched me as I was being formed in utter seclusion,
as I was woven together in the dark of the womb.
You saw me before I was born.
Every day of my life was recorded in your book.
Every moment was laid out
before a single day had passed. (Psalm 139:13-116)*

He creates everyone on purpose for a purpose which He wants them to fulfill for His glory.

The LORD gave me this message:

"I knew you before I formed you in your mother's womb. Before you were born I set you apart and appointed you as my prophet to the nations."

"O Sovereign LORD," I said, "I can't speak for you! I'm too young!"

The LORD replied, "Don't say, 'I'm too young,' for you must go wherever I send you and say whatever I tell you. And don't be afraid of the people, for I will be with you and will protect you. I, the LORD, have spoken!" (Jeremiah 1:4-8)

Then Samuel asked, "Are these all the sons you have?"

"There is still the youngest," Jesse replied. "But he's out in the fields watching the sheep and goats."

"Send for him at once," Samuel said. "We will not sit down to eat until he arrives."

So Jesse sent for him. He was dark and handsome, with beautiful eyes.

And the Lord said, "This is the one; anoint him."

So as David stood there among his brothers, Samuel took the flask of olive oil he had brought and anointed David with the oil. And the Spirit of the Lord came powerfully upon David from that day on. Then Samuel returned to Ramah. (1 Samuel 16:11-13 NLT)

But the angel said, "Don't be afraid, Zechariah! God has heard your prayer. Your wife, Elizabeth, will give you a son, and you are to name him John. You will have great joy and gladness, and many will rejoice at his birth, for he will be great in the eyes of the Lord. He must never touch wine or other alcoholic drinks. He will be filled with the Holy Spirit, even before his birth. And he will turn many Israelites to the Lord their God. He will be a man with the spirit and power of Elijah. He will prepare the people for the coming of the Lord. He will turn the hearts of the fathers to their children, and he will cause those who are rebellious to accept the wisdom of the godly." (Luke 1:13-17 NLT)



THE PROBLEM IS...

Our sinfulness, selfishness and rebellion to God prevented our ability to reflect His likeness and glory and our ability to live out our divine design. But Christ came to purchase our complete forgiveness for all our sins and to restore us to a right relationship with our Heavenly Father. When we receive God's forgiveness in Christ and are born again we begin an exciting life long process of having our Heavenly Father tell us who we are and what we were designed to do.

Once you were dead because of your disobedience and your many sins. You used to live in sin, just like the rest of the world, obeying the devil—the commander of the powers in the unseen world. He is the spirit at work in the hearts of those who refuse to obey God. All of us used to live that way, following the passionate desires and inclinations of our sinful nature. By our very nature we were subject to God's anger, just like everyone else.

But God is so rich in mercy, and he loved us so much, that even though we were dead because of our sins, he gave us life when he raised Christ from the dead. (It is only by God's grace that you have been saved!) For he raised us from the dead along with Christ and seated us with him in the heavenly realms because we are united with Christ Jesus. So God can point to us in all future ages as examples of the incredible wealth of his grace and kindness toward us, as shown in all he has done for us who are united with Christ Jesus. (Ephesians 2:1-7 NLT)

When we were utterly helpless, Christ came at just the right time and died for us sinners. Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good. But God showed his great love for us by sending Christ to die for us while we were still sinners. And since we have been made right in God's sight by the blood of Christ, he will certainly save us from God's condemnation. (Romans 5:6-9 NLT)

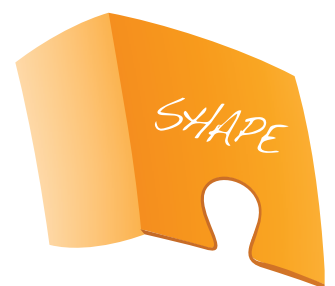
We are now, new creations in Christ, masterpieces, whom God is Continually _____ Transforming _____ into the likeness of Christ but He is also using us to do the good works we were designed to do. As we pursue our masterpiece calling in resolute faith the Holy Spirit does in and through us more than we ever dreamed of.

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! (2 Corinthians 5:17 NLT)

For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. (Ephesians 2:10 NLT)

For the Lord is the Spirit, and wherever the Spirit of the Lord is, there is freedom. So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image. (2 Corinthians 3:17-18 NLT)

Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. Glory to him in the church and in Christ Jesus through all generations forever and ever! Amen. (Ephesians 3:20-21 NLT)



SHAPE IS A PROCESS OF PERSONAL DISCOVERY

S is for the Spiritual _____ Gifts _____ God created in you.

H is for the Heart _____ Passions _____ directing you.

A is for the Abilities _____ you take with you.

P is for the Personality _____ you see through.

E is for the Life _____ Experiences _____ that have shaped you.

MINISTRY SHAPE

Spiritual gifts will tell us What _____ we should be doing to impact others.

Hearth passions – lead us to Where _____ and to Whom _____ we should be impacting.

Ailities, **P**ersonality and **E**xperience tell us How _____ and When _____ we will be impacting others, in our own unique way.

God determined the times set for us and the exact places where we should live. (Acts 17:26)

Why is this so important?

God has always called His people to a balance of Right _____ Belief _____ and Right _____ Action _____ .

Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world. (James 1:27)



Balance between belief and action is commanded by God

Right Belief:

1. You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.

Right Action:

2. You shall love your neighbor as yourself.

Belief and Action

We must find the **Balance** _____ of belief and action in our own lives.

...faith by itself, if it is not accompanied by action, is dead. But someone will say, "You have faith; I have deeds." Show me your faith without deeds, and I will show you my faith by what I do. (James 1: 17-18)

The result of finding that balance is **Joy!** _____.

The joy of significant living that comes from living in your God-given SHAPE and sharing it with others.

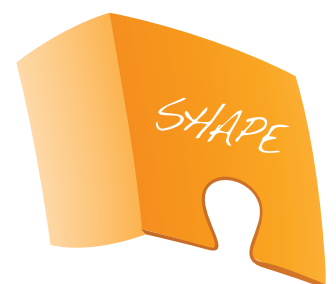
For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do. (Ephesians 2:10)

- I am God's workmanship!
- I am specially designed!
- I am designed to do something good!
- I am designed to do something good as part of His plan!

You are fearfully and wonderfully made by God.
Handcrafted with love!

You are a Masterpiece!

SHAPE





Life Tracks

SPIRITUAL GIFTS

SPIRITUAL GIFTS

Spiritual Gifts Today

One of the most critical pieces to discovering your SHAPE or Divine Design is knowing and developing your God given spiritual gifts. Every one of us is a Gifted person! Over and over in scripture we are told to use our spiritual gift or gifts to build up Christ's body. But our gifts can also be used to glorify Christ in the marketplace, in our friendships and in all our social contacts. That is why we are told repeatedly to earnestly desire, and to use our spiritual gifts. Using them is essential to abundant life in Christ.

Pursue love, yet desire earnestly spiritual gifts, but especially that you may prophesy. (1Corinthians 14:1)

As each one has received a special gift, employ it in serving one another as good stewards of the manifold grace of God. Whoever speaks, is to do so as one who is speaking the utterances of God; whoever serves is to do so as one who is serving by the strength which God supplies; so that in all things God may be glorified through Jesus Christ to whom belongs the glory and dominion forever and ever. Amen. (1Peter 4:10-11)

MOTIVATIONAL GIFTS

Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship. And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect. For through the grace given to me I say to everyone among you not to think more highly of himself than he ought to think; but to think so as to have sound judgment, as God has allotted to each a measure of faith. For just as we have many members in one body and all the members do not have the same function, so we, who are many, are one body in Christ, and individually members one of another. Since we have gifts that differ according to the grace given to us, each of us is to exercise them accordingly: if prophecy, according to the proportion of his faith; if service, in his serving; or he who teaches, in his teaching; or he who exhorts, in his exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness. (Romans 12: 1-8)

These gifts are part of our "spiritual DNA" and we believe we are wired with them while still in our mother's womb. They are at the core of who we are and what we were divinely designed to do. Knowing which of these God has wired us with helps us know a key piece of our SHAPE and how we can be most fruitful for Christ both in service to the Body of Christ, but also in the world.

The Motivational Gifts that we are born with.

- Prophesying (Perceiver) - 12%
- Serving (Server) - 17%
- Teaching (Teacher) - 6%
- Encouraging (Exhorter) - 16%
- Contributing (Giver) - 6%
- Leadership (Administration) - 13%
- Mercy (Compassion) - 30%



MOTIVATIONAL GIFTS DESCRIPTIONS

Perceiver (Prophecy)

One who clearly Perceives the will of God and faithfully communicates it to others for their encouragement, building up and exhortation. They see God's heart, truth and plan when others don't.

These people are the Eyes of the body of Christ.

Server (Serving)

One who loves to meet others Practical Needs through personal involvement. They are good doers; they have the busy hands that help.

These people are the Hands of the Body of Christ.

Teacher (Teaching)

One who loves to Research and Communicate truth to others so that they can effectively apply it to their lives. For them there is a lesson in everything and in every situation.

These people are the Brains of the Body of Christ.

Exhorter (Encouraging)

One who loves to Encourage and Stimulate others to a victorious life in Christ. They are positive, upbeat, determined and spilling over words of blessing to those around them.

These people are the Mouth of the body of Christ.

Giver (Contributing)

One who loves to Share their time, talents and money to benefit others. They recognize how to fix situations, strengthen weak efforts and encourage others with more resources of any kind.

These people are the Arms of the Body of Christ.

Administrator (Leadership)

One who loves to Motivate, Coordinate and Direct the resources and efforts of others in doing work. A multi-tasking, leader with big-picture vision.

These people are the Shoulders of the Body of Christ.

Compassion (Mercy)

One who loves to Show mercy, tenderness, love and concern to those in need. Who sees through the eyes of the heart to the needs of others.

These people are the Heart of the Body of Christ.

**Motivational Gifts information taken from Don & Katie Fortune's book "Discover Your God-Given Gifts," Grand Rapids: Chosen Books, 1987*



MANIFESTATION GIFTS

Now concerning spiritual gifts, brethren, I do not want you to be unaware. You know that when you were pagans, you were led astray to the mute idols, however you were led. Therefore I make known to you that no one speaking by the Spirit of God says, "Jesus is accursed"; and no one can say, "Jesus is Lord," except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit. And there are varieties of ministries, and the same Lord. There are varieties of effects, but the same God who works all things in all persons. But to each one is given the manifestation of the Spirit for the common good. For to one is given the word of wisdom through the Spirit, and to another the word of knowledge according to the same Spirit; to another faith by the same Spirit, and to another gifts of healing by the one Spirit, and to another the effecting of miracles, and to another prophecy, and to another the distinguishing of spirits, to another various kinds of tongues, and to another the interpretation of tongues. But one and the same Spirit works all these things, distributing to each one individually just as He wills. (1 Corinthians 12: 1-11)

DESCRIPTIONS

Wisdom - The God-given special ability to serve and strengthen the body of Christ by making wise decisions and counseling others with sound advice, all in accordance with God's will.

Knowledge - The God-given special ability to serve and strengthen the body of Christ by communicating God's truth to others that He has revealed to them for their help and edification.

Faith - The God-given special ability to serve and strengthen the body of Christ by stepping out in faith in order to see God's purposes accomplished, trusting Him to handle any and all obstacles along the way.

Healing - The God-given special ability to serve and strengthen the body of Christ by healing and restoring to health, beyond traditional and natural means, those who are sick, hurting and suffering.

Miracles - The God-given special ability to serve and strengthen the body of Christ through supernatural acts that bring validity to God and His power.

Prophecy - The God-given special ability to serve and strengthen the body of Christ by offering messages from God that comfort, encourage, guide, warn or reveal sin in a way that leads to repentance and spiritual growth. The original Greek meaning of the word is "to speak forth the truth".

Discernment - The God-given special ability to serve and strengthen the body of Christ by recognizing truth or error within a message, person or event.

Tongues - The God-given special ability to serve and strengthen the body of Christ by communicating God's message in a special language unknown to the speaker.

Interpretation - The God-given special ability to serve and strengthen the body of Christ by understanding at a specific time, God's message when spoken by another by using a special language unknown to the others in attendance.

These Manifestations Gifts are distributed by the Holy Spirit to meet the real needs of people. We can receive many of these Manifestation Gifts depending on the need of the moment and our willingness to receive them. As you believe for them and receive them, you find the Holy Spirit consistently manifests His power and presence through you in certain gifts. They become your most dominant manifestation gifting.

**Manifestation Gifts information taken from Don & Katie Fortune's book "Discover Your God-Given Gifts," Grand Rapids: Chosen Books, 1987*



MINISTRY GIFTS

Finally, God may also choose to use you as you develop Christ like character for what we call Ministry Gifts.

As you are faithful in your character development and seek to use your gifts to build up His Body and reach lost people He can give you the gifting and privilege of caring for, building up and equipping His body for the work of ministry. You see these Ministry Gifts listed in Ephesians 4:11-13:

And He gave some as apostles, and some as prophets, and some as evangelists, and some as pastors and teachers, for the equipping of the saints for the work of service, to the building up of the body of Christ; until we all attain to the unity of the faith, and of the knowledge of the Son of God, to a mature man, to the measure of the stature which belongs to the fullness of Christ. (Ephesians 4:11-13)

Apostles - Launch and lead new ministries with the goal of proclaiming the gospel and bringing people to Christ. They are "sent ones" with the goal of establishing and laying a foundation for kingdom growing ministries and local churches. They are not in the same category as biblical apostles but similar in mission and calling. Examples include: John Wesley, Bill Bright, Loren Cunningham.

Prophets - Hear and see clearly God's will and heart from His Word and through listening to the Holy Spirit. They faithfully communicate to God's people for their edification, exhortation and consolation. Examples include: James Dobson, Chuck Colson.

Evangelists - Are highly effective in sharing Christ with unbelievers so they can receive Him as Savior. They understand and communicate the gospel with clarity. With the grace of the Holy Spirit they teach others how to do the same. Examples include: Billy Graham, Luis Palau

Pastors - Teach and care for a local body of believers leading them to fulfill the Great Commandments and Great Commission. They provide oversight, encouragement and even correction so believers become like Christ and unbelievers are won to Christ.

Teachers - Study and effectively communicate biblical truth so that believers understand God's Word, apply it to their lives and cooperate with the Holy Spirit in their transformation and ministry.





Life Tracks

HEART PASSIONS

HEART PASSIONS

You Have God Given Heart Passions!

What do you love to do?

A crucial key to understanding your SHAPE is realizing your God given Heart Passions. The Bible uses the “heart” to represent the center of all of our motivations and our desires. Your heart contains what you really love and what you really care about.

As a face is reflected in water, so the heart reflects the real person. (Proverbs 27:19)

Guard your heart above all else, for it determines the course of your life. (Proverbs 4:23)

“Physiologically each of us has a unique heartbeat. Likewise God has given each of us a unique emotional heartbeat that races when we encounter activities, subjects, or people that interest us. We instinctively feel deeply about some things and not others.”

-Rick Warren

Serving God from your heart’s passion makes serving a delight, not a duty.

My nourishment comes from doing the will of God, who sent me, and from finishing His work. (John 4:34)

HEARTBEAT

At NCCTK we want to help you identify your area of heart passion and assist you in reaching people with a message from the heart of God.

Three Basic Hearts

- The heart to work with **people**.
- The heart to work with **things**.
- The heart to work with **information**.

Each one of us is a mixture of these heart directions.

HEART PASSIONS



USE YOUR HEART PASSIONS FOR A SIGNIFICANT PURPOSE

God can use your heart passions to help guide you to your life purpose if your hearts desire is to use your heart passions for a significant purpose.

1) Jesus loved to do certain things.

“Jacob’s well was there; and Jesus, tired from the long walk, sat wearily beside the well about noontime. Soon a Samaritan woman came to draw water, and Jesus said to her, “Please give me a drink.” He was alone at the time because his disciples had gone into the village to buy some food. The woman was surprised, for Jews refuse to have anything to do with Samaritans. She said to Jesus, “You are a Jew, and I am a Samaritan woman. Why are you asking me for a drink?” Jesus replied, “If you only knew the gift God has for you and who you are speaking to, you would ask me, and I would give you living water.” “But sir, you don’t have a rope or a bucket,” she said, “and this well is very deep. Where would you get this living water? And besides, do you think you’re greater than our ancestor Jacob, who gave us this well? How can you offer better water than he and his sons and his animals enjoyed?” Jesus replied, “Anyone who drinks this water will soon become thirsty again. But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life.” “Please, sir, the woman said, give me this water! Then I’ll never be thirsty again, and I won’t have to come here to get water.” “Go and get your husband,” Jesus told her. “I don’t have a husband,” the woman replied. Jesus said, “You’re right! You don’t have a husband—for you have had five husbands, and you aren’t even married to the man you’re living with now. You certainly spoke the truth!” “Sir,” the woman said, “you must be a prophet. So tell me, why is it that you Jews insist that Jerusalem is the only place of worship, while we Samaritans claim it is here at Mount Gerizim, where our ancestors worshiped?” Jesus replied, “Believe me, dear woman; the time is coming when it will no longer matter whether you worship the Father on this mountain or in Jerusalem. You Samaritans know very little about the one you worship, while we Jews know all about him, for salvation comes through the Jews. But the time is coming—indeed it’s here now—when true worshipers will worship the Father in spirit and in truth. The Father is looking for those who will worship him that way. For God is Spirit, so those who worship him must worship in spirit and in truth.” The woman said, “I know the Messiah is coming—the one who is called Christ. When he comes, he will explain everything to us.” Then Jesus told her, “I AM the Messiah!” Just then his disciples came back. They were shocked to find him talking to a woman, but none of them had the nerve to ask, “What do you want with her?” or “Why are you talking to her?” The woman left her water jar beside the well and ran back to the village, telling everyone, “Come and see a man who told me everything I ever did! Could he possibly be the Messiah?” So the people came streaming from the village to see him. Meanwhile, the disciples were urging Jesus, “Rabbi, eat something.” But Jesus replied, “I have a kind of food you know nothing about.” “Did someone bring him food while we were gone?” the disciples asked each other. Then Jesus explained: “My nourishment comes from doing the will of God, who sent me, and from finishing his work.” (John 4:6-34)

- He loved to lead people to Himself.
- His heart passion overcame even His fatigue.

Doing what He had a heart passion for fed Jesus like nothing else could.

What do you love to do that feeds you deeply?

1. _____
2. _____
3. _____



2) Jesus had a special love for certain people!

Like the Jews:

“O Jerusalem, Jerusalem, the city that kills the prophets and stones God’s messengers! How often I have wanted to gather your children together as a hen protects her chicks beneath her wings, but you wouldn’t let me. (Matthew 23:37)

Like the masses:

Jesus traveled through all the towns and villages of that area, teaching in the synagogues and announcing the Good News about the Kingdom. And he healed every kind of disease and illness. When he saw the crowds, he had compassion on them because they were confused and helpless, like sheep without a shepherd. (Matthew 9:35-36)

Giving Himself for them produced joy!

We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God’s throne. (Hebrews 12:2)

Who has God given you a special love for?

- 1. _____
- 2. _____
- 3. _____

3) Jesus had a heart passion for certain causes.

Like the right use of the temple:

Jesus entered the Temple and began to drive out all the people buying and selling animals for sacrifice. He knocked over the tables of the money changers and the chairs of those selling doves. He said to them, “The Scriptures declare, ‘My Temple will be called a house of prayer,’ but you have turned it into a den of thieves!” (Matthew 21:12-14)

I pray that they will all be one, just as you and I are one—as you are in me, Father, and I am in you. And may they be in us so that the world will believe you sent me. (John 17: 21)

What causes or concerns has God given you a passion for?

- 1. _____
- 2. _____
- 3. _____

HEART PASSIONS



DISCOVER THE MOTIVATED DIRECTION OF YOUR HEART

By examining your achievements for a common motivational thread, you might find a key phrase is repeated. See if you can match one of the "heartbeats" listed below as samples. *Here are 15 examples. You might think of something else.*

PIONEER - I love to test out and try new concepts. I am not afraid to risk failure. Some of us don't like new things. You like it to be tried and tested before you will try or test something new.

ORGANIZE - I love to bring order out of chaos. I enjoy organizing something that is already started. You can always tell who's an organizer. You go home and look in their closet, and all of their clothes are on the hanger the same way, and sometimes even color coordinated. All the shoes are in the right order.

OPERATE AND MAINTAIN - I love to efficiently maintain something that is already organized.

DESIGN AND DEVELOP - I love to make something out of nothing. I enjoy getting something started from scratch.

SERVE OR HELP - I love to assist others in their responsibility. I enjoy helping others succeed. You say, "I don't have a need to get the credit but I like helping others succeed."

ACQUIRE AND POSSESS - I love to shop, collect, or obtain things. I enjoy getting the highest quality for the best price.

EXCEL - I love to be the best and to make my team the best. I enjoy setting and attaining the highest standard.

INFLUENCE - I love to convert people to my way of thinking. I enjoy shaping the attitudes and behaviors of others.

PERFORM - I love to be on stage and don't mind being the center of attention. I enjoy being in the limelight. This can be used for the Lord in terms of drama, music, and speaking - all different ways. It can be used for God or used for you.

IMPROVE - I love to make things better. I enjoy taking something that someone else has designed or started and improve it.

REPAIR - I love to fix what is broken or change what is out of date.

LEAD OR BE IN CHARGE - I love to lead the way, oversee and supervise. I enjoy determining how things will be done.

PERSIST - I love to see things to completion. I enjoy persisting at something until it is finished.

FOLLOW THE RULES - I love to operate by policies and procedure. I enjoy operating within parameters when it's clearly spelled out what is expected and what is not expected. I enjoy meeting the expectations of an organizer or boss.

PREVAIL - I love to fight for what is right and oppose what is wrong. I enjoy overcoming injustice or working for a cause.

BUILD - I love to construct, assemble, and put together things for use. I enjoy seeing a project come together over a relatively short period of time. I love to get started on a project and take pride in the finished product.

SHOW COMPASSION - I love to care for hurting people. I empathize deeply with those who are hurting. I am motivated to bring comfort, healing and happiness to them.

OTHER -

*Notice the three different people here: First, the Pioneers. They're the people who will start something. Then, the Organizers. They're the people who come along and take something that's already started and get it organized. Then, the Operators and Maintainers come along and take something that's already organized and they maintain it efficiently. **Three different kinds of people are needed!***



PASSION SURVEY

...God has given each of us a unique emotional "heartbeat" that races when we think about the subjects, activities or circumstances that interest us. We instinctively care about some things and not about others. These reveal the nature of your heart and are clues to where you should be serving.—Rick Warren, author of *The Purpose Driven Life*

My Passion for People

Choose the following people you love to be with and work with.

- | | |
|--|---|
| <input type="checkbox"/> Infants/Babies | <input type="checkbox"/> College/Early Career |
| <input type="checkbox"/> Empty Nesters | <input type="checkbox"/> Toddlers |
| <input type="checkbox"/> Singles | <input type="checkbox"/> Older Adults 60+ |
| <input type="checkbox"/> Preschool Children | <input type="checkbox"/> Young Married |
| <input type="checkbox"/> Women | <input type="checkbox"/> Elementary Children |
| <input type="checkbox"/> Couples | <input type="checkbox"/> Men |
| <input type="checkbox"/> Middle School Youth | <input type="checkbox"/> Families |
| <input type="checkbox"/> Adults | <input type="checkbox"/> High School Youth |
| <input type="checkbox"/> Single Parents | <input type="checkbox"/> Children/Youth |

My Passion for Causes

Choose the following people you love to be with and work with.

- | | |
|---|--|
| <input type="checkbox"/> Parenting | <input type="checkbox"/> Drug/Alcohol Recovery |
| <input type="checkbox"/> The Homeless | <input type="checkbox"/> Families/Marriage |
| <input type="checkbox"/> Prayer | <input type="checkbox"/> Political Affairs |
| <input type="checkbox"/> At-Risk Children | <input type="checkbox"/> Education |
| <input type="checkbox"/> Community Issues | <input type="checkbox"/> Abuse/Violence |
| <input type="checkbox"/> Evangelism | <input type="checkbox"/> Adoption/Foster care |
| <input type="checkbox"/> Financial Management | <input type="checkbox"/> Fellowship |
| <input type="checkbox"/> Men's Issues | <input type="checkbox"/> Divorce Recovery |
| <input type="checkbox"/> Mobilizing People for Ministry | <input type="checkbox"/> Women's Issues |
| <input type="checkbox"/> Grief Recovery | <input type="checkbox"/> Disabilities Support |
| <input type="checkbox"/> Fitness | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Worship | |

My Ministry Passion

Choose the following ministry opportunities to which you feel drawn.

- | Youth Ministry | Prayer & Care Ministry | Worship & Creative Arts | Children's Ministry |
|--|---|---|--|
| <input type="checkbox"/> Small Group Leader | <input type="checkbox"/> Prayer Center | <input type="checkbox"/> Sound / Lights | <input type="checkbox"/> Hold a Baby |
| <input type="checkbox"/> Mentors for Leaders | <input type="checkbox"/> Meals Team | <input type="checkbox"/> Drama Team | <input type="checkbox"/> Playing with Preschoolers |
| <input type="checkbox"/> Prayer Team | <input type="checkbox"/> Card Team | <input type="checkbox"/> Video Editing | <input type="checkbox"/> Kid's Place Greeter |
| <input type="checkbox"/> Security | <input type="checkbox"/> Errand Team | <input type="checkbox"/> Vocalists | <input type="checkbox"/> Nursery Workers |
| <input type="checkbox"/> Office Assistant | <input type="checkbox"/> Finance Support | <input type="checkbox"/> Instrumentalists | <input type="checkbox"/> Set Up/Tear Down |
| <input type="checkbox"/> Sound Team | <input type="checkbox"/> Acts of Kindness | | <input type="checkbox"/> Small Group Leader |
| <input type="checkbox"/> Video Team | <input type="checkbox"/> Prayer Support Team | Weekend Support Ministry | <input type="checkbox"/> Morning Childcare |
| <input type="checkbox"/> Cleaning | <input type="checkbox"/> Prayer Chain | <input type="checkbox"/> Usher | <input type="checkbox"/> Craft Prep |
| | <input type="checkbox"/> Transportation Team | <input type="checkbox"/> Greeter | <input type="checkbox"/> Children's Music |
| Administration Ministry | <input type="checkbox"/> Prison Ministry | <input type="checkbox"/> Coffee Team | <input type="checkbox"/> Puppets |
| <input type="checkbox"/> Receptionist | | <input type="checkbox"/> Connection Center | <input type="checkbox"/> Office Support |
| <input type="checkbox"/> Office Support | Facilities Ministry | <input type="checkbox"/> Media Center | <input type="checkbox"/> Sewing |
| <input type="checkbox"/> Computer Support | <input type="checkbox"/> Construction | <input type="checkbox"/> Program Team | <input type="checkbox"/> Harvest Carnival |
| | <input type="checkbox"/> Chair Setup / Teardown | <input type="checkbox"/> Camera Crew | <input type="checkbox"/> After School Program |
| Small Group Ministry | <input type="checkbox"/> Clean Up | <input type="checkbox"/> Media Shout | |
| <input type="checkbox"/> Small Group Leader | <input type="checkbox"/> Cleaning Team | <input type="checkbox"/> Set Design | |
| <input type="checkbox"/> Host Home | <input type="checkbox"/> Repairs Team | <input type="checkbox"/> Communion Team | |
| <input type="checkbox"/> Leader in Training | | <input type="checkbox"/> Safety Response Team | |

For we are God's masterpiece. He has created us anew in Christ Jesus, so that we can do the good things he planned for us long ago. - Ephesians 2:10

MY LOCAL AND GLOBAL PASSION

God has given us a passion to transform the nations by doing the PEACE Plan both locally and globally. The PEACE Plan is P) Plant churches, E) Equip leaders, A) Assist the poor, C) Care for the sick, E) Educate the next generation. You can participate passionately in transforming the nations for Christ! Check out all the ways God could use you!

Opportunities in the USA



- Provide a meal, childcare, time or act of service to New Way Ministries, transitional care for mothers and children, 354-9930
- Become a counselor or volunteer for Whatcom County Pregnancy Clinic, 671-9057
- Join the Homeless Feeding Team - Mary Elenbaas, 354-4852
- Help build a house or provide a meal for Habitat for Humanity, 719-9170
- Become a counselor with Whatcom County Jail Ministry, 752-1712
- Become a leader with Young Life, or support the leaders as a mentor, 354-4807
- Provide a meal for the homeless or visit with them at Church on the Street, 298-9435
- Is your neighbor in need? Rake leaves, cook a meal, encourage with a visit

Opportunities in Macedonia



- Preach at the local church
- Pray for the new believers in Strumica as well as health and vitality for the leadership in Macedonia
- Work with the youth ministry
- Lead a basketball outreach to children in the Adoni Basketball Club

Opportunities in Jordan



- Help sponsor the clinic in Amman with Global Hope.
- Pray for Jamal that God would give him the strength and wisdom he needs to maximize his ministry
- Raise funds for special projects and deliver them
- Join the team going to Israel and Jordan to distribute aid to refugees

Opportunities in Germany



- Prayerfully intercede for the salvation of the people in Germany
- Work with the Herrnhut base to reach out to Gypsy children in the Czech Republic
- Lead a building team to YWAM Herrnhut
- Lead an outreach team to Herrnhut this summer to work with Youth Camp
- Lift up Jan and Uta in prayer as they lead the YWAM base

Opportunities in Canada



- Lead a trip to work with YWAM Vancouver
- Call and encourage Abbotsford CTK, (604) 864-2285
- Volunteer in your local school, fire department, food bank, or church
- Pray for the salvation of the Canadian people
- Visit the homeless in Vancouver and give them a meal for the night
- Glean with Gleaners (604) 870-9272

Opportunities in India



- Visit the leprocy colony; bring blankets and food
- Pray for Alex and Cherry Halsey; pray for wisdom to lead the School of Biblical Studies and guidance as they lead a new YWAM base
- Visit the orphans in India to show them the love they never received
- Do a clothing drive for the orphanage
- Lead a team to India
- Visit the deaf school and train them with a new skill

Opportunities in Haiti



- Pray for the physical and spiritual protection of Pastor Diogen
- Participate in building churches, schools and wells
- Support a child for \$35 a month
- Participate in an upcoming trip to Haiti with Starfish Ministries and/or New Generations
- Visit the children in the orphanage, schools and disabled home
- Facilitate a food drive for Starfish Ministries
- Do open evangelism in the market

Opportunities in China



- Pray for the salvation of the Chinese people; also pray for Moses and David Tey as they prepare for ministry
- Participate in the Sunshine in Heart Leadership Camp next summer as a counselor, staff or student
- Participate in a trip to China doing street evangelism
- Present AIDS awareness training in schools
- Raise funds for books for pastors trained by Dr. and Moses Tey.

To surround the throne of God and Jesus the Lamb with multitudes of people from every tribe, tongue and nation!

LIVE YOUR LIFE PASSION

Record your top 3 from the Passions Survey and My Local and Global Passions page.

My Passion for People

1. _____
2. _____
3. _____

My Passion for Causes

1. _____
2. _____
3. _____

My Ministry Passion

1. _____
2. _____
3. _____

My Local Passion

1. _____
2. _____
3. _____

My Global Passion

1. _____
2. _____
3. _____

HEART PASSIONS





Life Tracks

ABILITIES

ABILITIES

Now, let's talk about abilities!

- You have God-given (natural) abilities and Talents .
- You have Specialized abilities that you have learned at home, school, work and "on the street".

Ability Myth #1

Myth: If you have certain abilities, you will be Aware of them.

Not necessarily true. You're probably using a number of skills that you aren't aware of. You need some processing of skill identification to help you see them clearly.

Ability Myth #2

Myth: Skills that I use at work, at home or with my hobbies are only Useful in that environment. I couldn't use them in ministry.

Not true. Often these skills are the very ones you should be crossing-over and using in ministry. It could be more comfortable and fun for you that way.

Ability Myth #3

Myth: I don't have very many abilities.

Not true. Many studies have shown that the average person possesses over 500 different skills and abilities.

ABILITIES



26 SPECIALIZED ABILITIES

1. **Entertaining ability:** to perform, act, dance, speak.
2. **Recruiting ability:** to enlist and motivate people to get involved.
3. **Interview ability:** to discover what others are really like.
4. **Researching ability:** to read, gather information, collect data.
5. **Artistic ability:** to conceptualize, picture, draw, paint, photograph, or make renderings.
6. **Graphics ability:** to lay out, design, create visual displays or banners.
7. **Evaluating ability:** to analyze data and draw conclusions.
8. **Planning ability:** to strategize, design and organize programs and events.
9. **Managing ability:** to supervise people to accomplish a task or even coordinate the details involved.
10. **Counseling ability:** to listen, encourage and guide with sensitivity.
11. **Teaching ability:** to explain, train, demonstrate, tutor.
12. **Writing ability:** to write articles, letters, books.
13. **Editing ability:** to proofread or rewrite.
14. **Promoting ability:** to advertise or promote events and activities.
15. **Repairing ability:** to fix, restore, maintain.
16. **Cooking ability:** to create meals for large or small groups.
17. **Recall ability:** to remember or recall things like names and faces.
18. **Mechanical ability:** to operating equipment, tools or machinery.
19. **Resourceful ability:** to search out and find inexpensive materials and resources needed.
20. **Counting ability:** to work with numbers, data or money.
21. **Classifying ability:** to systematize and file data, records and materials so they can be retrieved easily.
22. **Public Relations ability:** to handle complaints and unhappy customers with care and courtesy.
23. **Welcoming ability:** to convey warmth, develop rapport and make others feel comfortable.
24. **Composing ability:** to write music or lyrics.
25. **Landscaping ability:** to do gardening and work with plants.
26. **Decorating ability:** to beautify a setting for a special event.
27. **Other ability:** to _____

LIST YOUR SPECIALIZED ABILITIES:

1. _____

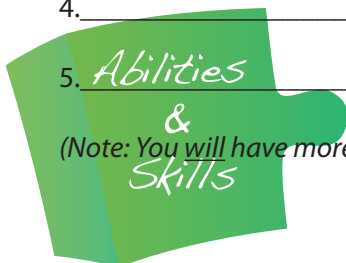
2. _____

3. _____

4. _____

5. _____

(Note: You will have more than 5 abilities! How exciting!)





Life Tracks

PERSONALITY

PERSONALITY

SHAPE is about recognizing your Unique _____ Personality

“So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image” (2 Corinthians 3:18)

Understanding _____ our own and others’ personalities, helps us work cooperatively to achieve what we could not do alone.

God uses all personalities to touch people for Him. He must because:

- You connect to people I can’t connect to.
- You see needs I overlook.
- You feel things I don’t feel.
- You think of things that never cross my mind.

Let’s use 4 Basic Personality Types

- Lion/ Choleric
- Otter/ Sanguine
- Golden Retriever/Phlegmatic
- Beaver/ Melancholy

PERSONALITY



LION/CHOLERIC (D) - "Let's do it now."

Dominating, directing, driving, demanding, determined, decisive, doing.
Active/Task-oriented
These people make great leaders, organizers, conductors, managers and entrepreneurs.
Areas to work on: Too pushy, workaholics, tend to dumb-down other people as "idiots" or "incompetents", under pressure they become dictators.
Improvement: Make a decision to be gentle and let others have their way.

OTTER/ SANGUINE (I) - "Trust me! It will work."

Social, amiable, creative, innovative and very playful! Inspiring, influencing, inducing, impressing, interactive, interested in people.
Active/People-oriented
These people make great entertainers, designers, artists, inventors, coaches, salesmen and teachers.
Areas to work on: Not reliable, foolish risk takers, procrastinators, under pressure they verbally attack.
Improvement: Follow through on commitments and obligations with good effort.

GOLDEN RETRIEVER/PHLEGMATIC (S) - "Let's keep things the way they are."

A gentle, sensitive, warm and nurturing personality. Steady, stable, shy, security-oriented, servant, submissive, specialist.
Passive/ People-oriented
These people are great care givers, counselors, assistants, servers and nurses.
Areas to work on: Easily hurt feelings and when hurt become stubborn, can't say no, carry others' burdens too much, under pressure they avoid confrontation at all costs.
Improvement: Practice confronting and saying "no."

BEAVER/ MELANCHOLY (C) - "Let's do it right."

Detail-oriented, quality conscious, steady and predictable. Cautious, competent, calculating, compliant, careful, contemplative.
Passive/ Task-oriented
These people make great college professors, accountants, computer code writers, researchers, scientists, engineers, plumbers, administrators and doctors.
Areas to work on: Has trouble with non rule followers, has stomach trouble because of anxiety, relates to situations and people in terms of "black and white" absolutes, under pressure they avoid the problem.
Improvement: Realize that nothing is as good or bad as it appears. We don't have to be perfect all of the time.

Take a moment to complete personality profile on the next page.



PERSONALITY TEST

Circle all the attributes you feel describe you.

<p style="text-align: center;">LION "Let's do it now"</p> <ul style="list-style-type: none"> Likes authority Takes charge Determined Confident Firm Enterprising Competitive Enjoys challenges Problem solver Productive Bold Purposeful, goal-driven Discussion maker Adventurous Strong willed Independent, self reliant Controlling Persistent Action oriented 	<p style="text-align: center;">OTTER "Trust me! It will work"</p> <ul style="list-style-type: none"> Enthusiastic Takes risks Visionary Motivator Energetic Very verbal Promoter Friendly, mixes easily Enjoys popularity Fun-loving Likes variety Spontaneous Enjoys change Creative – new ideas Group oriented Optimistic Initiator Infectious laughter Inspirational 
<p style="text-align: center;">GOLDEN RETRIEVER "Let's keep things the way they are"</p> <ul style="list-style-type: none"> Sensitive Calm, even keel Non-demanding Avoids confrontation Enjoys routine Dislikes change Warm & relational Gives in Indecisive Dry humor Adaptable Sympathetic Thoughtful Nurturing Patient Tolerant Good listener Peace maker Loyal Emotional, feeling 	<p style="text-align: center;">BEAVER "Let's do it right"</p> <ul style="list-style-type: none"> Enjoys instruction Accurate Consistent Reserved Practical Orderly Factual Conscientious Perfectionist Discerning Detailed Analytical Inquisitive Precise Persistent Scheduled Sensitive Predictable Productive Anxious 

Now count the total number of attributes circled under each personality type. The higher the number the more dominate the personality trait.

LION _____ OTTER _____
GOLDEN RETRIEVER _____ BEAVER _____

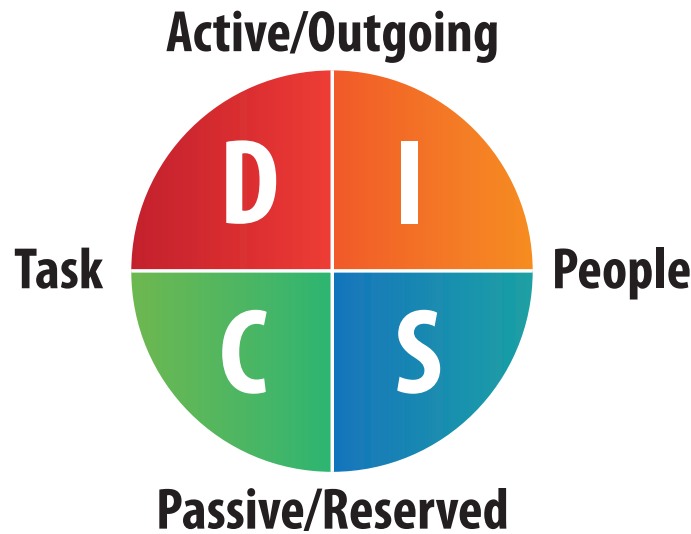


Active/Task-oriented**"D" Personality***Lion / Choleric*

Dominating, Directing,
Driving, Demanding,
Determined, Decisive,
Doing

Passive/Task-oriented**"C" Personality***Beaver / Melancholy*

Cautious, Competent,
Calculating, Compliant,
Careful, Contemplative

**Active/People-oriented****"I" Personality***Otter / Sanguine*

Inspiring, Influencing,
Inducing, Impressing,
Interactive,
Interested in people

Passive/People-oriented**"S" Personality***Golden Retriever / Phlegmatic*

Steady, Stable, Shy,
Security-oriented, Servant,
Submissive, Specialist

"D" Behavior*Lion / Choleric*

Descriptions: dominant, direct, demanding, decisive

Basic Motivation: challenge and control

Desires: Freedom from control, authority, varied activities, difficult assignments, opportunities for advancement, choices rather than ultimatums

Responds Best to Leader Who: provides direct answers, sticks to task, gets to the point, provides pressure, allows freedom for personal accomplishments

Needs to Learn: you need people, relaxation is not a crime, some controls are needed, everyone has a boss, self-control is most important, to focus on finishing well is important, sensitivity to people's feelings is wise

Biblical Examples: Paul, Sarah

Biblical Advice:

- Be gentle, not bossy—"Wisdom from above is ... gentle," James 3:17
- Control your feelings and actions—"Be angry and sin not," Eph. 4:26
- Focus on one thing at a time—"This one thing I do," Phil. 3:13
- Have a servant's attitude—"By love, serve one another," Gal. 5:13

"I" Behavior*Otter / Sanguine*

Descriptions: inspiring, influencing, impressing, inducing

Basic Motivation: recognition and approval

Desires: prestige, friendly relationships, freedom from details, opportunities to help others, opportunities to motivate others, chance to verbalize ideas

Responds Best to Leader Who: is fair and also a friend, provides social involvement, provides recognition of abilities, offers rewards for risk-taking

Needs to Learn: time must be managed, deadlines are important, too much optimism can be dangerous, being responsible is more important than being popular, listening better will improve one's influence

Biblical Examples: Peter, Ruth

Biblical Advice:

- Avoid pride—"Humble yourself in the sight of God," James 3:17
- Control your speech—"Be quick to hear, slow to speak," James 1:19
- Be more organized—"Do all things decently and in order," 1Cor. 14:40
- Be patient—"The fruit of the Spirit is ... patience," Gal. 5:23

"C" Behavior*Beaver / Melancholy*

Descriptions: competent, compliant, cautious, calculating

Basic Motivation: quality and correctness

Desires: clearly defined tasks, details, limited risks, assignments that require precision and planning, time to think

Responds Best to Leader Who: provides reassurance, spells out detailed procedures, provides resources to do task correctly, listens to suggestions

Needs to Learn: total support is not always possible, thorough explanation is not everything, deadlines must be met, more optimism will lead to greater success

Biblical Examples: Thomas, Esther

Biblical Advice:

- Be more positive—"Whatever is lovely ... think on these things," Phil. 4:8
- Avoid a critical spirit—"Let all bitterness ... be put away from you," Eph. 4:31
- Be joyful—"The fruit of the Spirit is ... joy," Gal. 5:22
- Don't worry—"Fret not," Psalm 37:1

"S" Behavior*Golden Retriever / Phlegmatic*

Descriptions: submissive, steady, stable, security-oriented

Basic Motivation: stability and support

Desires: an area of specialization, identification with a group, established work patterns, security of situation, consistent and familiar environment

Responds Best to Leader Who: is relaxed and friendly, allows time to adjust to changes, allows to work at own pace, gives personal support

Needs to Learn: change provides opportunity, friendship isn't everything, discipline is good, boldness and taking risks is sometimes necessary

Biblical Examples: Moses, Hannah, Mary

Biblical Advice:

- Be bold and strong—"Only be strong and very courageous," Josh. 1:6
- Be confident and fearless—"God has not given you the spirit of fear," 2Tim 1:7
- Be more enthusiastic—"Whatever you do, do it heartily as unto the Lord," Col. 3:23

By Mels Carbonell, Ph.D. and Stanley R. Ponz, D.Min. To learn more, visit the *Uniquely You* web site: www.uniquelyyou.com.

PERSONALITY PROFILES

Which personality blend are you?

For more info read *Personality Plus*
by Florence Littauer

Powerful Choleric Personality

the extrovert, the doer, the optimist

Lion / "D"

Powerful Choleric's Emotions

Born leader
Dynamic and active
Compulsive need for change
Must correct wrongs
Strong willed and decisive
Unemotional
Not easily discouraged
Independent and self-sufficient
Exudes confidence
Can run anything

Powerful Choleric as a Parent

Exerts sound leadership
Establishes goals
Motivates family to action
Knows the right answer
Organizes household

Powerful Choleric at Work

Goal oriented
Sees the whole picture
Organizes well
Seeks practical solutions
Moves quickly to action
Delegates work
Insists on production
Makes the goal
Stimulates activity
Thrives on opposition

Powerful Choleric as a Friend

Has little need for friends
Will work for group activity
Will lead and organize
Is usually right
Excels in emergencies

Perfect Melancholy Personality

the introvert, the thinker, the pessimist

Beaver / "C"

Perfect Melancholy's Emotions

Deep and thoughtful
Analytical
Serious and purposeful
Genius prone
Talented and creative
Artistic or musical
Philosophical and poetic
Appreciative of beauty
Sensitive to others
Self-sacrificing
Conscientious
Idealistic

Perfect Melancholy as a Parent

Sets high standards
Wants everything done right
Keeps home in good order
Picks up after children
Sacrifices own will for others
Encourages scholarship and talent

Perfect Melancholy at Work

Schedule oriented
Perfectionist, high standards
Detail conscious
Persistent and thorough
Orderly and organized
Neat and tidy
Economical
Sees the problems
Finds creative solutions
Needs to finish what is started
Likes charts, graphs, figures, lists

Perfect Melancholy as a Friend

Makes friends cautiously
Content to stay in background
Avoids causing attention
Faithful and devoted
Will listen to complaints
Can solve others' problems
Deep concern for other people
Moved to tears with compassion
Seeks ideal mate

Popular Sanguine Personality

the extrovert, the talker, the optimist

Otter / "I"

Popular Sanguine's Emotions

Appealing personality
Talkative, storyteller
Life of the party
Good sense of humor
Memory for color
Physically holds on to listener
Emotional and demonstrative
Enthusiastic and expressive
Cheerful and bubbling over
Curious
Good on stage
Wide-eyed and innocent
Lives in the present
Changeable disposition
Sincere at heart
Always a child

Popular Sanguine as a Parent

Makes home fun
Is liked by children's friends
Turns disaster into humor
Is the circus master

Popular Sanguine at Work

Volunteers for jobs
Thinks up new activities
Looks great on the surface
Creative and colorful
Has energy and enthusiasm
Starts in a flashy way
Inspires others to join
Charms others to work

Popular Sanguine as a Friend

Makes friends easily
Loves people
Thrives on compliments
Seems exciting
Envid by others
Doesn't hold grudges
Apologizes quickly
Prevents dull moments
Likes spontaneous activities

Peaceful Phlegmatic Personality

the introvert, the watcher, the pessimist

Golden Retriever / "S"

Peaceful Phlegmatic's Emotions

Low-key personality
Easygoing and relaxed
Calm, cool and collected
Patient, well balanced
Consistent life
Quiet but witty
Sympathetic and kind
Keeps emotions hidden
Happily reconciled to life
All-purpose person

Peaceful Phlegmatic as a Parent

Makes a good parent
Takes time for the children
Is not in a hurry
Can take the good with the bad
Doesn't get upset easily

Peaceful Phlegmatic at Work

Competent and steady
Peaceful and agreeable
Has administrative ability
Mediates problems
Avoids conflicts
Good under pressure
Finds the easy way

Peaceful Phlegmatic as a Friend

Easy to get along with
Pleasant and enjoyable
Inoffensive
Good listener
Dry sense of humor
Enjoys watching people
Has many friends
Has compassion and concern

PERSONALITY PROFILE

Every personality is a **Blend** _____ of the four basic types. Your strengths and dominant personality traits can be identified, as well as your weaker traits. You can use them more effectively to accomplish the purpose for which you were created.

All Personalities are Needed

Every personality is **Equally** _____ **Valuable** _____ and **Needed** _____ to God. In the Body of Christ we need people who are: confident, sympathetic, analytical, creative, introverted, extroverted, etc.

Coffee Time Exercise

Sit down with a cup of coffee and complete the personality profile handout and personality test. Underline each personality description. When you are done count how many you have underlined in each personality type. Your dominant personality type will become apparent. Which personality blend are you?

For more information on Personalities, go to www.myuy.com

PERSONALITY





Life Tracks

EXPERIENCES

EXPERIENCES

SHAPE is about experiences!

ALL of your experiences...

- Good
- Painful
- Educational
- Spiritual

Your life is filled with experiences!
God uses your experiences to shape
your life and character.

... can be used by God.

He can match you in a divine appointment with someone who needs to hear from someone with your experience.

"And we know that in ALL things God works for the good of those who love Him, who have been called according to His purpose." (Romans 8:28 NIV)

"Now I want you to know, brothers, that what has happened to me has really served to advance the gospel." (Philippians 1:12 NIV)

One of the most overlooked factors in determining the ministry God has for me is my past experience, particularly the hurts and problems I've overcome with God's help. Since our greatest life messages come out of our weakness, not our strengths, we should pay close attention to what we've learned in the "school of hard knocks".

GOD NEVER WASTES A HURT!

HE WANTS YOU TO BE OPEN TO MINISTERING TO PEOPLE WHO ARE GOING THROUGH WHAT YOU'VE ALREADY BEEN THROUGH!

"(God)... wonderfully comforts and strengthens us in our hardships and trials. And why does he do this? So when others are troubled, needing our sympathy and encouragement, we can pass on to them the same help and comfort God has given us!" (2 Corinthians 1:3-4)

Time to Talk

- Share a single experience that shaped your life with others at your table.



EXAMINING MY EXPERIENCES

Your Educational Experiences: What were your favorite subjects in school? What were your achievements?

1. _____

2. _____

Your Spiritual Experiences: What meaningful decisions have you made? What times with God were especially meaningful for you?

1. _____

2. _____

EXPERIENCES



Your Ministry Experiences: How have you served in the past? Did you have a positive or a negative experience?

1. _____

2. _____

Your Painful Experiences: What problems, hurts or trials have taught you about life and your relationship with God?

1. _____

2. _____

RECORD THE FOUR MOST SIGNIFICANT OF THESE EXPERIENCES ON YOUR SHAPE PROFILE.

1. _____
2. _____
3. _____
4. _____

EXPERIENCES



SERVING IN YOUR SHAPE

You are unique in your spiritual gifts, passions, abilities, personality and experiences. They all fit together to create your Divine Design which God will use to glorify Himself as you serve. Let's go over the 7 F's of your SHAPE.

1. **Firmly** _____ believe you have one!

"Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations." (Jeremiah 1:5 NIV)

2. **Figure** _____ out who God made you to be.

"Oh Lord, you have searched me and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down. You are familiar with all of my ways." (Psalms 139:1-3 NIV)

3. **Follow** _____ His voice into whatever He tells you to do or try.

"My sheep listen to my voice; I know them and they follow me." (John 10:27 NIV)

Diving design includes trial and error

4. **Faithfully** _____ serve in doing what you know to do until God gives clarity about what you are to do next.

"Therefore, my dear brothers, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain." (1 Corinthians 15:58 NIV)

5. **Find** _____ friends and mentors who are committed to helping each other live their Divine Design.

"For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands." (2 Timothy 1:6 NIV)

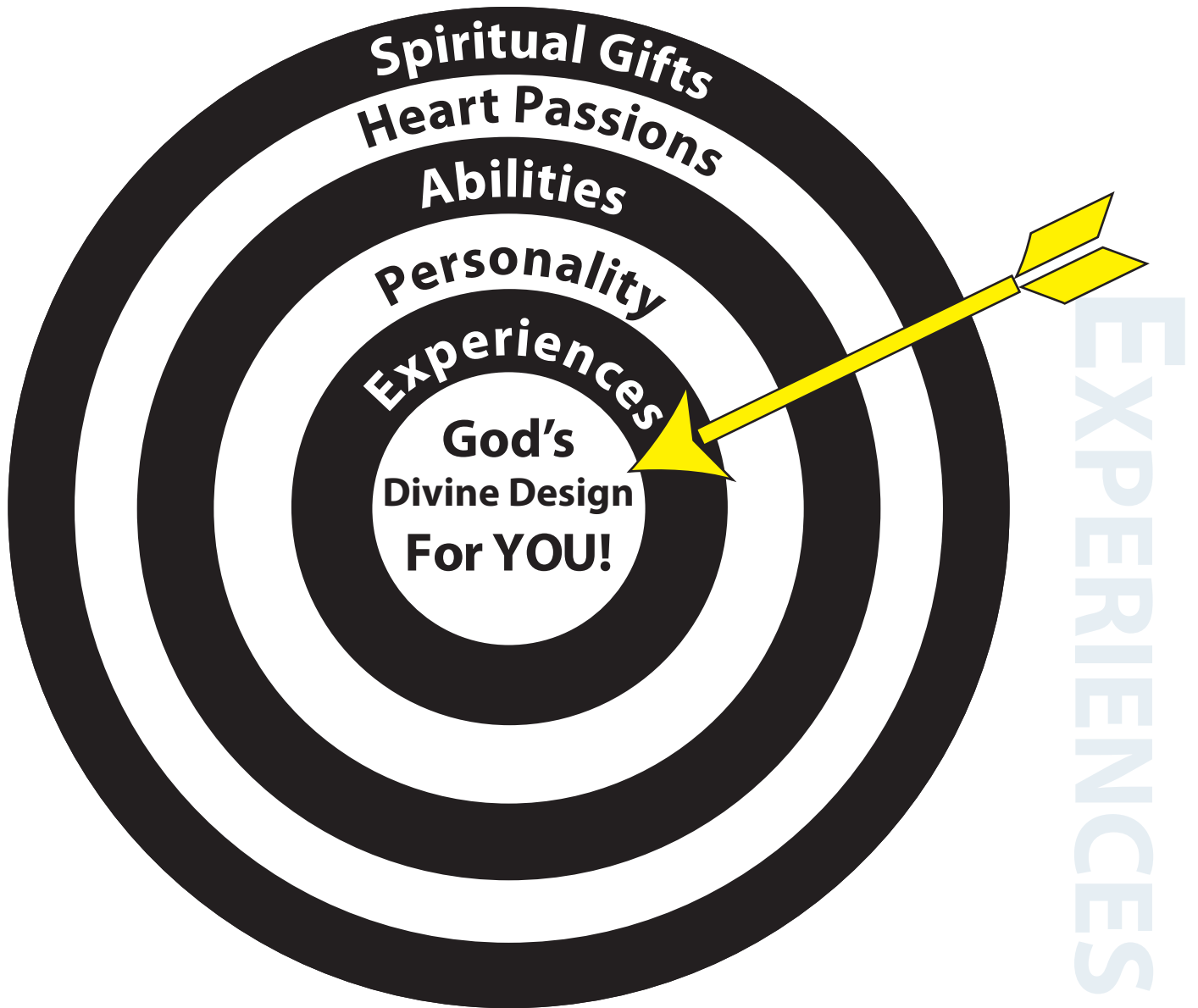
6. **Focus** _____ your life on pleasing Him and you will not miss what you are on Earth for. He guarantees it!

"So we make it our goal to please him, whether we are at home in the body or away from it." (2 Corinthians 5:9 NIV)

7. **Fill** _____ up daily with the love and courage it takes to live your Divine Design.

"So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do. Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts. And give thanks for everything to God the Father in the name of our Lord Jesus Christ" (Ephesians 5:15-20 NLT)





Let us help you hit the Bull's Eye and find out how God will use your SHAPE for His Glory!



ILLUSTRATION OF HITTING YOUR TARGET ZONE

Example #1

Spiritual Gifts	1) Compassion 2) Perceiver 3) Teacher
Heart Passions	Prayer, at risk children, mobilizing people for ministry.
Abilities	Listening, public relations, organizing, hosting.
Personality	Retriever/Beaver
Experiences	Living in China for one year, adopting a child, career of equipping people.

- **Global Possibilities** – Going to China on the next mission trip. Investing in prayer for the Chinese people.
- **National Possibilities** – Working with the Boys and Girls Club or Big Brothers, Big Sisters, Youth Crisis Hotline, Tough Love International for Troubled Teens.
- **NCCTK Possibilities** – Blessing Place, assisting our Missions Director with the organization of the trip to China.

Example #2

Spiritual Gifts	1) Giver 2) Compassion 3) Perceiver
Heart Passions	Foster kids, orphans, the physical and spiritual needs of children, World Vision, sponsorship.
Abilities	Entertaining, landscaping, feeding others.
Personality	Lion/Retriever
Experiences	Business owner, close relationship to the Lord, Godly example of a Christian woman, mother and grandmother.

- **Global Opportunities** – Mission trip to Haiti to minister to the orphans there.
- **National Opportunities** – His Kids Our Homes- foster to adopt program.
- **NCCTK Opportunities** – Meals Team, Small Group Leader, Kid's Place, Card Writing Team.

Example #3

Spiritual Gifts	1) Administration 2) Compassion 3) Giver
Heart Passions	Prison ministry, evangelism, fatherless men
Abilities	Leadership, research, hospitality
Personality	Lion/Retriever
Experiences	Military, small group leader, raised in Puerto Rico, moved a lot.

- **Global Opportunities** – Has a desire to go to Haiti and minister to the orphans there.
- **National Opportunities** – Prison Fellowship Ministry, street evangelism with the homeless.
- **NCCTK Opportunities** – Safety Response Team, youth ministry.



MY PERSONAL SHAPE PROFILE - Complete for your personal SHAPE follow up appointment

My Spiritual Gifts:

My Heart Passions:

My Abilities:

My Personality Blend:

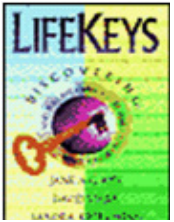
My Key Experiences:

RESOURCES

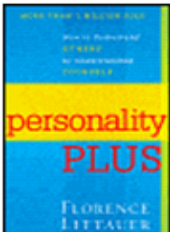
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Uniquely You

Personalizing My Faith
Membership and Ministry Profile
www.myuy.com

SHAPE Mentors

Pastor Kim Ryan
Pastor Steve Scroggins
Catherine Theriault - Director of Life Changers
Kate Ryan - Dream Director
All Staff Ministry Leaders