## Gear Up! Part 1 - Week 2

Being ready for anything is a <u>great</u> way to live! You enjoy life's best moments more and you endure life's difficult ones better. Prepared people panic less and have more peace. *Matthew 24:44* 

Jesus also wants us to be <u>ready</u> for the daily reality of spiritual warfare with Satan and his demonic forces. 1 Peter 5:8-10

- 1) The only way to be ready for anything and defeat Satan consistently is to Word Up, Pray Up, Faith Up and finally.... Gear Up! Ephesians 6:10-13
- 2) Wise and winning warriors know their adversary, his strategies and his limitations. They don't let Satan deceive them about who he is and what he really does. 1 John 5:19; Genesis 3:1; Revelation 12:10; John 10:10; Luke 9:37-43; 1 Samuel 17:34-37; John 8:44; Job 1:12; Revelation 20:10; Colossians 2:14-15; 1 John 4:4; James 4:7

"As believers in Christ, we do not fight for victory; we fight from victory. In Christ's power we are invincible." - Chip Ingram

3) We win over Satan and His schemes by "gearing up" with the full armor of God, starting with the belt of truth and God's body armor. Ephesians 6:14

"Because Satan's primary weapon is the lie, your best defense against him is the truth. Dealing with Satan is not a power encounter; it is a truth encounter!" – Neil Anderson

## What does it mean to put on the belt of truth and body armor?

1. Walk with absolute truthfulness with Christ resisting denial and Satan's deception and responding to the Spirit's cleansing conviction of sin. 1 John 1:5-10; Psalm 139:23-24

"Honesty produces purity which gives us authority to resist! Satan has no grounds for accusation because you've confessed your sins and you refuse to live in sin." - Kim Ryan 2. <u>Tell</u> yourself and others the absolute truth about who Jesus Christ really is, what He has done for you and what He loves to do for you. *Colossians 1:15-23;* 

"In Christ I am deeply loved, completely forgiven, fully pleasing, totally accepted and made complete." - Robert McGee

"Jesus is my Shepherd who provides for me, guides me, restores me, comforts me, protects me and gives me eternal life." Psalm 23:1-6

## **Get victory by Gearing Up!**

**Reading Guide:** Take time this week to reflect on the Scriptures throughout these sermon notes.

## **Life Application Questions:**

- 1. Review all the names of Satan. What can you learn of his strategies by understanding his personhood? How have you experienced Satan lying to you? How do you see Him lying to people you love?
- 2. How well are you doing at putting on the belt of truth? What areas of your identity does Satan most consistently attack you? Do you realize your own vulnerability to deception? How will you guard against it?