

Worship Unpacked - Giving God My Worship in Trials

1. The best worship I could give God is... ME! Giving my body-heart, soul, mind and strength- to God is the best kind of worship I could ever give Him. *Romans 12:1*

2. Worship is its best when we choose to give God our trust and devotion in the middle of trials and hard times, even when life is difficult and painful. *1 Peter 1:6-7; Romans 12:2*

3. Trials are opportunities to partner with the Holy Spirit to be transformed into a new person by changing the way you think about the trial, and what you truly believe about God in your heart of hearts.

We practice our faith response by singing: *Psalm 28:6-7*

We practice our faith response by clapping: *Psalm 47:1-2*

We practice our faith response by shouting: *Psalm 70:4*

**We practice our faith response by lifting our hands to God:
*Psalm 63:3-5***

We practice our faith response by dancing: *Psalm 149: 1-4; Jeremiah 31:13*

4. Worship reaches its purest form in the middle of trials- when you choose to believe God is good when life is bad, and you express your belief to Him. *Job 1:20-22; Luke 6:45*

Worship is the eruption of Christ in us, resulting from the change of our nature, our dependence and trust in Him, our faith statement that He is good even in the middle of trials.

Next week's reading guide:

Luke 11:11-32

Isaiah 49:15-16; Matthew 25:31-40

Psalm 10:14-18; Matthew 18:1-10

Psalm 27:10-14; Proverbs 3:1-12,

Psalm 68:3-6; Matthew 18:19-20; John 14:1-6

Psalm 103:1-18; Luke 11:9-13

John 14:23-31; James 1:17-18

Discussion Questions:

1. Share the biggest trial you've ever faced. Did you believe God was good in the middle of it?

2. What's your biggest trial in life now? Has what you believe about God (Is He Good) in the midst of your trial changed over the years?

3. What do you think about your heart being attached to your mouth, hands, feet and entire body? How are you doing in offering your body as a living sacrifice to the Lord? (Romans 12:1)

4. How do you feel about God allowing His children to endure trials? What does this reveal about what God views as important in life? (1 Peter 1:6-9, Job 1)