

JUMP - Trust God's Best

Joshua 7:16-21

1. There is a predictable pattern of sin that usually follows this process: I saw, I wanted, I took, I hid. *Matthew 15:19;*

James 1:14-15

2. God ultimately wants us to desire Him, to long for Him and to depend on Him. *1 John 2:15-17; Genesis 3:6-7;*

Genesis 3:4-6a

“Every longing in us is a version of our longing for God. That longing may be a distorted version of our longing for God, but it’s still a longing for the God we were made to know.” - **Tim Chester- You Can Change**

“A thing may be morally neutral and yet the desire for that thing may be dangerous.”

- **C.S. Lewis- The Weight of Glory**

Even a good thing can become a bad thing if I let it become the Main Thing.

3. The way to overcome temptation is to fight desire with desire; believe and confess what is true about Christ.

Psalm 34:18; Psalm 51:17

4. Confession can be the backfire that keeps you safe from sin.

- Accountability- relieves the pressure of the secret
- Honesty- reduces the power of the desire
- Humility- invites someone into the struggle

5. When I am Hungry, Angry, Lonely, Tired, I need to HALT and confess to Jesus. *Joshua 7:25-26; Psalm 37:4;*

Matthew 6:33

Next week's reading guide:

Joshua 14:6-15

Matthew 6:19-34

Psalms 37:1-7

Proverbs 3:1-12

Matthew 5:3-16

Psalms 20:1-5

John 14:1-14

Discussion Questions:

1. Does this predictable pattern of sin look familiar to you? Share a story of this pattern in your life.
2. How would you rank your desire for relationship with God and depending on Him? What needs to change to deepen your dependence on Him?
3. Have you ever used confession as a tool to interrupt the sin pattern in your life? Share. How successful has it been for you?
4. How aware are you of your emotional state (HALT) and how it contributes to your vulnerability to sin? Do you think about how you feel? Do you think about why you feel how you feel? Share.
5. How grateful are you for Christ absorbing God's wrath for your sin? Spend some time in prayer thanking Jesus for saving us from destruction.