

**In Progress: Spirit, Soul & Body
- Let God Change the Way I Think -**

Romans 12:2 - Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

1. To change the way I think about God, I choose to believe He is Who He says He is; He is Love, He is Good, and He is Sovereign.

- **God is love** so I can believe He always has my best interests in mind. *1 John 4:8b-10; Romans 8:31-32*
- **God is good** so I can believe He is enough for me in any and all situations. *John 4:13-14; Luke 11:9-13*
- **God is sovereign** so my mind can rest in His control, no matter what I face. *Romans 8:28*

2. To change the way I think about me, I choose to believe what God says about me; I am accepted, secure and significant in Christ.

- I am **accepted** in Christ so I can be confident even when I don't feel accepted by others. *Ephesians 1:4-5*
- I am **eternally secure** in Christ so I can live fear-free in an insecure world. *Romans 8:31-39*
- I am **significant** in Christ so I don't need the approval of others to feel important- *Ephesians 2:4-6*

3. To change the way I think about others, I choose to believe they are precious and valuable to the same God Who values me. *1 Cor. 14:1a; Philippians 2:3-4; 2 Cor. 5:18-21; Heb. 4:12; 2 Cor. 3:18*

Next week's reading guide:

- Psalm 23, 1 Peter 5:7
- Psalm 28:6-7, Matthew 6:19-34
- Psalm 32, Matthew 11:28-30
- Psalm 33:18-22, Philippians 4:4-9
- Psalm 42:1-8, Ephesians 5:18-19
- Psalm 63:1-8, Colossians 3:15-16
- Psalm 66:16-20; 1 Peter 4:1-19

Discussion Questions:

1. How fully do I believe God is Love, Good and Sovereign? Share an example of one experience you have had where you chose to believe and apply this truth to your mind.
2. How fully do I believe that I am accepted, secure and significant in Christ? Share one life experience that seemed to indicate that you were not accepted, secure or significant. Share how your mind is changing in Christ.
3. Do you see others as valuable and precious to God? When is it hard to see others this way? How has God changed how you view and treat others?