

In Progress: Spirit, Soul & Body
- Why Sing? -

1. We must engage in worship! *Psalm 147:1; Psalm 5:11a; Psalm 30:4; Psalm 95:1-2; James 5:13; 2 Corinthians 3:18b; 2 Chronicles 20:22-24; Acts 16:25-26; Phillipians 4:6-7*

2. Singing focuses me on God. *Romans 12:2*

3. Singing reminds me of right actions. *Phillipians 4:8*

“Right feelings follow right actions.”

4. Singing brings me peace. *Psalm 119:105; Ephesians 5:18-19; Phillipians 4:6-7; Psalm 147:1; Ephesians 5:19a; Colossians 3:16; Psalm 57:9*

Next week’s reading guide:

Matthew 6:4-6
Ephesians 1:15-23
Philippians 4:6-8
Colossians 1:9-14, 24-29
Romans 8:15-17
1 Peter 1:1-25
Revelation 1:12-18

Discussion Questions:

1. What is your favorite song to sing to God? What does it make you feel when you sing it?
2. Share a time when you experienced God’s power in a worship service. How were you refocused? How did God change your mind? How did God bring you peace?
3. What is something you can do this week to help you do the right thing even when you don’t feel like it? How could you incorporate singing when you’re troubled?