

**Keeping Your Cool
- Relationships: Its Not You Its Me -**

1. Be a giver- live to give. “It is more blessed to give than to receive.” - Acts 20:35; Hebrews 7:7; Romans 15:7

2. Communicate by listening, sharing and encouraging. “Be quick to listen, slow to speak and slow to get angry.” - James 1:19-20

3. Sacrifice my wants for their needs. “There is no greater love than to lay down one’s life for one’s friends.” - John 15:13; Galatians 5:22-26; John 10:18; Philippians 2:3-4; 1 John 4:10-12; 1 Corinthians 13:4-7

Next Week’s Reading Guide:

Genesis 2:1-17
Genesis 3:14-19
Exodus 31:1-11
Deuteronomy 8:11-20
Psalm 127:1-5
Proverbs 6:6
Proverbs 10:4-5

Discussion Questions:

1. How good of a listener are you? Do you listen to “know” and “understand”? How well do you “active” listen?
2. How well do you share assertively? Do you try to convince people with what you’re sharing, or simply share to be known?
3. Are you more of an encourager or critic? Do you make attempts to affirm and encourage by what you say to people? Discuss.
4. How are you with sacrifice? Share times in life you’ve sacrificed for the benefit of others.