

Keeping Your Cool God >

1. I praise God because He deserves it. Know that the Lord, He is God! Psalm 100:3. *Psalm 100:1-5*

- **Praise invites God's powerful presence.** Be filled with the Holy Spirit, singing psalms... Ephesians 5:18
Ephesians 5:18b-19
- **Praise develops healthy Perspective.** The Lord is Great! Psalm 96:4. *Proverbs 9:10*

“He’s bigger than all my problems, bigger than all my fears; God is bigger than any mountain that I can or cannot see. Oh, yes, he’s bigger than all my questions, bigger than anything; God is bigger than any mountain that I can or cannot see.” - **The Gaithers**

2. I Worship God because He is Worthy! Worthy is the Lamb to receive honor and glory. Revelation 5:12. *Psalm 96:9; Habakkuk 3:17-18*

- **Worship welcomes Wonder.** It makes room for the remarkable. *Exodus 15:11; Romans 12:1; Psalm 95:6-7*

3. I Commune with God's people to glorify Christ. Though we are many.....we are one body. 1 Corinthians 10:17. *1 Corinthians 10:16-17; John 17:22-23; Luke 22:19-20*

Next Week's Reading Guide:

In this series “Ephesians- God’s Grace to Us”, we are going to SOAP our way through Ephesians. That means for our reading guide, every day there will be just a few verses from Ephesians to meditate on. We will do that by SOAPing. This works best if you have a journal, where each day you:

S- Scripture: Write out each verse

O- Observation: Write out what the verse saying. You can use a commentary for this.

A- Application: Write out how the verse applies to my life, how does this truth impact me?

P- Prayer: Pray for God to work this truth deep into my mind and heart.

Week 1- God is the Gracious Blessor

Ephesians 1:1-2
Ephesians 1:3
Ephesians 1:4-6
Ephesians 1:7-8
Ephesians 1:9-10
Ephesians 1:11-12
Ephesians 1:13-14

Discussion Questions:

1. Is your perspective that God is greater than anything else in life? Any fear, challenge, problem, disappointment? How does believing this affect how you feel and act?
2. Do you make room for the remarkable in your life by being an all-in worshiper of God? Do you depend more on yourself in life, or more on God and His response to a life of worship?
3. Is communing with God's people a meaningful part of your life? How does communing with God's people (sharing life, helping one another, praying for one another, etc) glorify Christ?