

## Ephesians: God's Grace for Us God is the Gracious Blesser

**1. God is our blessed Father who has given us amazing benefits in Christ.** *Ephesians 1:1-2; Ephesians 1:3*

---

---

---

**2. God has chosen us in Christ to be holy.** *Ephesians 1:4-6; John 1:12*

---

---

---

---

**3. God's plan is to unite us in Christ through redemption.** *Ephesians 1:7-10*

---

---

---

---

**4. God has sealed us with the Holy Spirit as the down payment on our inheritance.** *Ephesians 1:11-14*

---

---

---

---

### Next Week's Reading Guide:

In this series "Ephesians- God's Grace to Us", we are going to SOAP our way through Ephesians. That means for our reading guide, every day there will be just a few verses from Ephesians to meditate on. We will do that by SOAPing. This works best if you have a journal, where each day you:

**S- Scripture:** Write out each verse

**O- Observation:** Write out what the verse is saying. You can use a commentary for this.

**A- Application:** Write out how the verse applies to my life, how does this truth impact me?

**P- Prayer:** Pray for God to work this truth deep into my mind and heart.

### Week 1- God is the Gracious Blesser

Ephesians 1:15-16

Ephesians 1:17

Ephesians 1:18

Ephesians 1:19

Ephesians 1:20

Ephesians 1:21

Ephesians 1:22-23

### Discussion Questions:

1. When you think of God's blessing, do you tend to think more of material things or heavenly benefits? What is one of your favorite spiritual benefits "in Christ"? What do you love about it?
2. Have you read Ephesians before in the context of Paul writing to the "us", a church in Christ, rather than an individualistic interpretation? Does this affect your perspective? Have fun discussing.
3. As you read verses 7-10, what is Christ's major objective?
4. Share some ways you can tell you've been sealed by the Holy Spirit. How are you becoming more like Christ (Galatians 5:22-23).