

Ephesians: God's Grace for Us We Are Growing

THEREFORE. *Ephesians 3:19-21*

1. **Lead a life worthy of our calling.** *Ephesians 4:1-3*

5 Relational Expressions of Calling:

- **Humble-**
- **Gentle-**
- **Patient-**
- **Understanding-**
- **Unity-**

2. **Embrace the Essentials of the Gospel.** *Ephesians 4:4-6*

“In essentials, unity; in non-essentials, liberty; in all things, charity.” - St. Augustine of Hippo, Africa.

7 Essentials of Growing in Unity

One Body- *Ephesians 1:23, 2:16, 3:6*

One Spirit- *Romans 5:5, Galatians 5:22, Colossians 1:8*

One Hope- *1 Peter 1:3*

One Lord- *Ephesians 1:22-23, Philippians 2:9-11*

One Faith- *Colossians 2:7, Romans 10:9-10*

One Baptism- *Romans 6:4*

One Father- *Colossians 1:15, John 1:12; Galatians 3:26*

3. **Get restored so that we can help restore others.**

Ephesians 4:7-13

4. **Grow up, resemble Jesus, and do our part in the body.**

Ephesians 4:14-16

4 Indicators of a Growing Follower of Christ:

- **Stable-**
- **Speak truth in love-**
- **More like Christ-** *John 1:14 (ESV)*
- **Do my part -**

Next Week's Reading Guide:

Ephesians 4:17-19

Ephesians 4:20-24

Ephesians 4:25

Ephesians 4:26-27

Ephesians 4:28

Ephesians 4:29

Ephesians 4:30-32

Discussion Questions:

1. Discuss the 5 Relational Expressions of Calling. Why are these important for being a Christ-follower? For growing the church?
2. Discuss the 7 Essentials. Why are they essential to the gospel?
3. Share your restoration story. What has Christ healed you of? How are you using your story to help restore others?
4. What is your dominant leadership trait? (apostle, prophet, evangelist, pastor, teacher). How are you using this gift to help restore others?
5. How are you doing in each of the 4 Indicators of a Growing Follower of Christ? What is your part in the body currently?