

## Ephesians: God's Grace for Us Armed to Stand

**1. We fight a spiritual battle every day. "Be strong in the Lord".** *Isaiah 9:1-7; Ephesians 6:10-12; James 4:7*

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**2. We take up and put on Christ's provision every day. "Take up the whole armor of God".** *Ephesians 6:13*

- **Belt of Truth-** *John 4:24*
- **Breastplate of Righteousness-**
- **Shoes of the Gospel of Peace-**
- **Shield of Faith-**
- **Helmet of Salvation-** *Matthew 10:28*
- **Sword of the Spirit-**

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**3. We pray our way through the battle every day. "Pray at all times in the Spirit".** *Ephesians 6:18-20; Matthew 18:19-20*

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**Prayer invites the power of Christ's presence into our daily battles.**

**Next Week's Reading Guide:**

Micah 5:2-4  
Matthew 2:1-12  
Luke 2:1-15  
Isaiah 52:6-10  
Luke 1:67-79  
Isaiah 11:1-12  
Psalm 72:11-14, 17-19

**Discussion Questions:**

1. Share one of your favorite old testament prophecies about Jesus.
2. How aware are you of the spiritual battle you are in? Do you recognize the real enemy? How does that influence how you treat people?
3. Discuss each piece of spiritual armor and the practical use of each in your daily battle.
4. Discuss your prayer life. Is it more like a long ride in a car with a friend, or more like an occasional text?
5. Discuss the power of agreement. Wouldn't it make sense to have a prayer partner?