

Loved with Healing and Restoration

1 Thessalonians 5:23 - “May God himself, the God who makes everything holy and whole, make you holy and whole, put you together—spirit, soul, and body—and keep you fit for the coming of our Master, Jesus Christ.”
(Message)

1. We are loved with healing for our hearts. *Isaiah 53:4-5; Psalm 147:3; Psalm 34:18-19; Matthew 9:12-13; Matthew 5:3*

2. We are loved with restoration for our souls.
Matthew 11:28-30; Isaiah 61:3; Psalm 34:8-10; Matthew 26:36-42

There is a thing better than never to be hurt; it is to be hurt, and to be healed.

3. We are loved with redemption for our lives. *2 Corinthians 1:3-4*

“If you have never struggled with loneliness, you don’t understand the value of friendship and community.
If you have never struggled with loss, you don’t understand the value of life.

If you have never struggled with addiction, you don’t understand the overwhelming grip of compulsion.

If you have never struggled with depression, you don’t understand utter hopelessness.

While you may not see the light in the midst of darkness, light is trying to break in.

Hold on dear one, your life is of great value. God has never loved anyone more than He loves you right now.

As you receive help, and heal, you will be made into the type of person the world needs to see; an overcomer.

You are being changed into the person the world needs, a wounded healer.”

- Derek Archer

Next Week’s Reading Guide:

Exodus 31:1-11

John 14:15-31

John 15:26-16:15

Acts 2

Acts 10:44-48

1 Corinthians 12:1-13

Ephesians 5:15-21

Discussion Questions:

1. Take an hour, or a day, and reflect on your life. Think of the circumstances you’ve been most impacted by, joyful and hurtful. Write them down. If you are in a small group, share some of these. If not, share with a friend.
2. Spend some time talking to God about these memories. Tell him what you remember, how you were hurt, and how you felt. If you are part of a small group, share these things with them as well. Pray for God’s healing over one another.
3. Reflect on how God is healing your wounds, restoring your soul, and redeeming your life to be a “wounded healer”. How could you be used even more by Him to bring comfort and hope to others? Share with your group, or friend.