

Keepin' It Real: Discipleship

Memory Verse: Matthew 16:24 - "Then Jesus said to his disciples, 'If any of you wants to be my follower, you must give up your own way, take up your cross, and follow me.' "

1. We give up our life to be a follower of Jesus.

Matthew 16:24-27; John 8:31-32; John 13:34-35

In Other Words.....

Mom- You can't have your cake and eat it, too.

Polish- You can't have your mustache and the soup.

Greek- You can't have the pie and the dog full.

Argentine- You can't have the pig and the twenties.

Vietnamese- You can't catch fish with one hand

Dutch- You can't divide and choose.

Jesus- You can't live your own way and be my follower.

2. We shape up by becoming disciplined in our following.

John 15:8-17

3. We grow up by practicing the disciplines of discipleship. Transforming real people into real followers of Jesus Christ.

7 Transformational Disciplines for being a Disciple

• Seek God in Prayer.

Philippians 4:6; 1 Thessalonians 5:16-18

• Study God's Word for growth. *James 1:21-25*

• Serve God and others in your unique SHAPE.

1 Peter 4:10; Galatians 5:13

• Steward your resources as a trust from God.

Matthew 19:21; Matthew 6:20

• Support other believers through sharing in a LIFE group. *Acts 2:42-47*

• Share your "faith story" in Christ with others.

Colossians 1:27-28; 2 Corinthians 5:17-18

• Send people or be sent yourself to the nations for Christ. *Matthew 28:18-19; Acts 1:8*

Next Week's Reading Guide:

Matthew 20:20-28

Luke 16:10-15

John 12:23-28

Romans 12:1-11

1 Corinthians 16:15-18

2 Corinthians 4:7-12

Galatians 5:13-14, 1 Peter 4:7-11

Discussion Questions:

1. Share some things or attitudes or ways of living that you've given up to follow Jesus.

2. How have you become more disciplined in following Jesus?

3. Which of the 7 disciplines is easiest for you? Which is hardest?

4. What are the best motivators for following Jesus?